

“When you’re telling your story, it gives people an understanding that you’re a real person. It’s more personal and I think as a listener, you can take everything in. Reading books is great, but actually sitting with somebody and listening to who they are and listening to them tell their story... it’s pretty powerful.” **Natasha, human ‘book’**



There are plenty of good things that you can experience as a human ‘book’:

- training and recognition as a community educator,
- sharing your story to raise awareness and build empathy,
- improved communication skills,
- Helping to build a community where you feel you belong and can contribute,
- a network of peers (other human ‘books’),
- positive affirmation of your experiences, and
- breaking down stereotypes and misinformation.

Human ‘books’ are paid for each workshop.

Contact us to become a human ‘book’ by phone or email below.

Creating a fairer world through innovative education and training.

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HOBART HUMAN LIBRARY



Become a human ‘book’

Are you passionate about making a kinder community?

Do you have a personal story about being different you want to share?

If you answered yes, then you might want to become a human ‘book’ in the Hobart Human Library.

The Hobart Human Library is just like any other library, except that the books are real, living people! We run workshops in workplaces and schools to raise awareness about how everyone is different and to create more inclusive, welcoming communities.

“I’m from Iran, and I found out that people in Tasmania don’t know much about my country and my culture... for me, talking about my country and our culture is really fulfilling. It makes me happy to share my lived experiences with them.” **Marzi, human ‘book’**

Human ‘books’ are supported in with training to help with writing and sharing their story. You do not need public speaking or storytelling experience to become a human ‘book’ - those are skills that you will learn along the way.

“I find sharing my story cathartic. Talking about my disability helps people understand and also helps me to get more in touch with my feelings about the issues and how to communicate better. It’s empowering to talk about how the world can be more inclusive for people with difference, be that disability or otherwise.” **John, human ‘book’**