



A  
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WORLD

Learn - Connect - Act

# LIVED EXPERIENCE TRAINING

The Hobart Human Library is seeking individuals who want to share their lived experiences to foster understanding, challenge stereotypes, and promote diversity and inclusion. Through our free lived experience training, you will develop the skills and confidence to become a human 'book'—someone who shares their personal journey with others in a way that educates, inspires, and sparks meaningful conversations.

We welcome people from all walks of life who have personal stories to tell about race, age, gender, sexuality, mental health, disability, and more. Whether you have experienced discrimination, overcome challenges, or have a unique perspective on inclusion, your story can help create change and break down barriers.

Storytelling is a powerful tool for social impact. By becoming a human 'book,' you will have the opportunity to engage with schools, workplaces, and community groups, offering a personal perspective that encourages empathy, understanding, and respect.

Our training will equip you with the skills to share your story effectively, ensuring you feel comfortable and supported in a safe and inclusive environment. You will join a community of human 'books' who are making a real difference by helping others see the world through a different lens.

*Inspiring Change, One Story at a Time*



Make a positive change in your workplace. Contact us for bookings or pricing.



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